



## **The In Sync 'Corporate Retreat' Package**

Up to 19 people - £38pp

20-30 people - £35pp

Over 30 people - £32pp

(minimum of 10 people)

### **Lunch**

Open sandwiches on artisan bread

Egg mayo & cress

Cheese & onion chutney

Roast beef & horseradish

Honey roast ham & wholegrain mustard

- vegan and gluten free options available on request -

Mixed leaf salad

Sun blush tomato & goats cheese couscous

Homemade creamy coleslaw

Seasoned potato wedges

Kettle crisps

A selection of cakes and bakes

**Tea & coffee on flow all day**



## Evening Dinner 'Create your Own' Menu

Choose up to 2 dishes from each course for your party!

### Starters

Soup of the season (v)

Artisan bread, olives & sunblush tomato (v)

Creamy garlic mushrooms & spinach with a parmesan & herb crust topping (v)

Grilled avocado topped with a spinach & sunblush tomato risotto (v)

Crispy chorizo, sunblush tomatoes & rocket salad

King prawns cooked in a lime, chilli & coriander butter

Asparagus & mozzarella wrapped in prosciutto



## **Mains**

Homemade pie of the season served with  
creamy mash and seasonal veg

Classic beef bourguignon with creamy mash & seasonal veg

Lamb tagine or vegetable tagine (v) served with a medley roast  
vegetable couscous, flat bread and falafel

Pan seared cod loin served on a creamy white wine &  
sunblush tomato risotto

Thai green vegetable (v) or chicken curry with a zesty  
coriander & coconut rice

Salmon & cod fishcakes served with a tomato &  
roast red pepper sauce and beetroot  
and spring onion salad



## Desserts

Classic creme brûlée

Very berry panna cotta

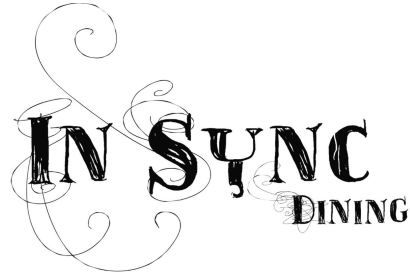
Jam roly-poly  
served with custard

Upside down caramel & apple tart served with  
vanilla pod ice cream

Silky milky chocolate pot

Profiteroles topped with chocolate sauce

Chef's monthly special



## **Breakfast**

A self serve selection of

Sausage  
Bacon  
Hash browns  
Grilled tomatoes  
Baked beans  
Scrambled eggs  
Toast

Tea & coffee  
Orange juice

For a small supplement cereals, fruit platters &  
french pastries can be added